

THE REAL LHERAPINTA GEAR LIST



WHAT WE PROVIDE AND WHAT IS NEEDED- THE REAL LHERAPINTA

Overnight Minimums:
minus 5 degrees Celsius is
quite possible

Daly Maximums:
up to 28 degrees Celsius with hotter
temperatures also possible.

SLEEPING SYSTEMS WILD CAMPING TOURS

WE PROVIDE

The best quality rated sleeping bags, stretchers, internal liners, wet weather tarpaulins and insect nets tailored for the conditions of each individual tour.

FOOD

WE PROVIDE

Everything. All dietaries catered for, and all produce is organic wherever humanly possible.

WHAT YOU NEED

If you have some snacks, you can't possibly live without, we do have fridge/freezers to look after them. Just advise prior to departure and we will save some room for you.

HIKING, COOKING AND OUTDOOR GEAR:

We provide Directions, guidance, technical advice, safety., soap and sunscreen specifically for fragile environments (please use ours unless you have allergies) and tech gear recommendations and demonstrations if required.. We love our gear, but we also absolutely love the environment and the eco systems we play in so please ask us about what we are wearing and using on and off trail as these conversations lead to positive change. Please see our supported brands page and also please feel free to ask pre-tour if there are items you need to purchase and/or require technical guidance with.

WHAT YOU NEED

- Refillable hydration system with overall carrying capacity of 4 litres
- Your campsite coffee mug.
- 25L Backpack just for day hikes (to carry your hydration system, shed clothing and lunch/snacks)
- Your favourite camping Pillow (or we can provide by request)
- Thermal sleeping clothes or like to suit our recommendations based upon forecasted conditions and your sleeping temperament in cool to very cold conditions.
- We always recommend you bring your own sleeping bag IF you know it works for you in sub zero conditions (or we can provide upon request)
- Hiking socks
- Low cut Gaiters
- Worn in (not ancient, not new) reliable hiking shoes/boot
- Combined rain & wind jacket(s)
- Long trousers/hiking tights
- Gloves & beanie
- Swimmers and towel
- Head Torch with batteries or rechargeable
- Power Bank for phones/cameras/headtorch (can recharge at Ormiston)
- You will need a winter clothing hiking setup for one very cold night hike and summit.
- You will need a warm day hike setup and camp clothes
- Personal blister kit

SUPPORTED BRANDS AND SPONSORS



Paddy Pallin is a proud supporter of Oz Eco's Larapinta Tour and stock most of the following brands that we encourage people to explore. Use code **OZECOSOLE** with our gun supporter, solemechanics.com.au, for 15% off a wide range of barefoot shoes including our personal choice of hiking boots by **VIVO** Barefoot. We use both the new Vivo Tracker AT's and the unstoppable Forest ESC boots for all of our tours and both are available at Sole Mechanics for a great discount.



Helinox

CITIZEN
WOLF



FJALLRAVEN- our supplier and sponsor of all hiking trousers and shorts made from recycled materials

www.fjallraven.com.au

PATAGONIA- all of our winter, wind and rain jackets are made by this leading eco brand

www.paddypallin.com.au/patagonia

SEA TO SUMMIT- all of our high-quality sleeping bags, liners and mats are by S2S

www.paddypallin.com.au/sea_to_summit

HELINOX- all our amazing stretcher systems and chairs are engineered by Helinox

www.paddypallin.com.au/helinox

CITIZEN WOLF- all our t-shirt merchandise and our casual tees are made by this amazing aussie eco brand

www.citizenwolf.com

BIOGONE- our naturally biodegradable bin, sandwich and food storage bags are made by this aussie mob

www.biogone.com.au

SUNBUTTER- brilliant natural sunscreen and after sun care with no toxics and eco system safe

www.sunbutter.com.au

DR BRONNERS- for all our washing of humans, dishes, clothes and surfaces.

www.drbronner.com.au